

## Theatre and Activism

These course materials are intended to enable those who couldn't attend the workshop, to follow the course and create.

### Session 1

*\*Warm-up:* think about a piece of theatre that has made you think and why – note down key thoughts

*\*Stimulus:* take a look at this current project happening at Theatre Royal Stratford East

<http://www.stratfordeast.com/news/no-masks-a-virtual-play-in-response-to-covid-19>

*\*Follow-up activity:* :

Write down answers to these questions:

If you could change one thing about the world what would it be and why?

What one issue are you most passionate about at the moment?

Where do you see equality, and where do you see inequality-in our 'current climate'?

Expand on any of the above

If you could express one or more of the above creatively, how would you choose to do it?

If you are undecided on this, feel free to come back to these questions

*\*Wordplay:* write single words which express your answers above eg feminism, war, foodbanks

*\*Haikus* (Japanese poem of seventeen syllables, in three lines of five, seven and five syllables).

(Definition of syllable: a unit of pronunciation eg there are two units in water and three in history)

*Take a look at the Protest Haikus in this link*

(Protest haiku: using this form of poetry to make a point/protest)

<https://medium.com/resistance-poetry/protest-a-haiku-e51c2407e3c5>

*\*Write a Haiku:* making use of some or all of the single words from Wordplay above

*\*Play around with delivery of your Haiku(s):* nuance, emphasis, wordplay, repetition, rhythm

*Reading material*

<https://www.digitaltheatreplus.com/education/news/lyn-gardner-on-theatre-and-performance-protest-performance-theatre-and-activism>

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